



ALS Education Hour is available to those living in Wisconsin, Minnesota, Iowa, North Dakota and South Dakota.

We meet the 1st Tuesday of every month from 3-4pm Central Time.

Please email Anne at anne.supplee@als.org to receive the zoom link. Many presentations are also recorded for later viewing and available on the [YouTube channel](#)

Date	Presentation Topic
Tuesday, January 3	Ask A Nurse – Angie Pereira, BSN, RN
Tuesday, February 7	Respiratory Care in ALS -Michelle Werner, RRT, RPFT at Froedtert Hospital
Tuesday, March 7	Accessible Travel -Wilderness Inquiry, CR Adventure Travel and Becoming RentAble
Tuesday, April 4	ALS Registry and ALS Focus - Reshma Punjani, Amanda Lee and Patti Stanco
Tuesday, May 2	Open Discussion
Tuesday, June 6	Managing Swallowing Changes in ALS - Mallory Riggs, M.S., CCC-SLP at Mayo Clinic
Tuesday, July 4	Cancelled in observance of the July 4 holiday 🎆
Tuesday, August 1	Discussion about where you get information and what information you want to have.
Tuesday, September 5	Yoga an adaptive class for everyone -Amy Samson, PYT, E-RYT(500), OYI at Mind Body Solutions
Tuesday, October 3	Having Difficult Conversations –Lindsay Everly, MSSW, APSW, APHSW-C Social Worker at UW Health
Tuesday, November 7	ALS Advocacy on Election Day -Sarah Sanchez, Managing Director, Advocacy (IA, MN, ND, SD & WI)
Tuesday, December 5	Creative Pursuits Art Program -Liz Stanley, Arts Program Manager