WELCOME!

September 19, 2022



The ALS Association
National Office-Care Services
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Telling your Story:
How Joining
The CDC National ALS
Registry Makes a Difference

Guest Speaker:
Patricia Stanco, MHS
Associate Director, Mission Engagement
The ALS Association

Telling Your Story: How Joining the CDC National ALS Registry Makes A Difference

Patti Stanco, MHS Assoc. Dir., Mission Engagement







Overview of the Registry

Why it matters and telling your story

How to enroll and updates on data

Summary of the Registry Annual Meeting

Questions

National ALS Registry

ALS

- Centers for Disease Control and Prevention/Agency for Toxic Substances and Disease Registry (CDC/ATSDR)
- The only national ALS Registry
- Passed by Congress in 2010; launched in 2012









Find out what causes ALS

GOALS OF THE REGISTRY:

Report on the number of ALS cases in the U.S.

Learn the risk factors of ALS







There is so much more we don't know yet about my disease. I believe vigorous research into known and suspected ALS factors will help us all learn more.

- Ed, a person with ALS





National ALS Registry cdc.gov/als

ALS

After the diagnosis.... now what?





Care Team



After the diagnosis.... now what?

"Why did this happen to me or my loved one?" Multidisciplinary
Clinic
Support
Group
Home
Modifications

Finances

PROBLEM

Transportation

Stress

Seeking Hope

Grief

Learn about Research

Equipment

Medications

Treat symptoms

Where do people learn about the Registry?



ALS Clinic or Neurologist





Walk to Defeat ALS

Conferences



Internet searches & websites





New registration packet



Support group



Care Services Staff

ALS Has Many Questions. With Focused Research, We Can Find Answers.

What Is ALS?

Amyotrophic lateral sclerosis (ALS) is a rapidly progressive, fatal neurological disease. It affects nerve cells in the brain and spinal muscle movement. These things we know, but there are many unknowns about the disease. Persons living with ALS today, and those who will live with it tomorrow, seek answers to these



The National ALS Registry Is Leading This Research.

In 2010, the federal Agency for Toxic Substances and Disease Registry (ATSDR) established the National ALS Registry to allow persons living with ALS in the U.S. to voluntarily provide their data for research purposes. Strategic research is one way the Registry is working to better understand what causes ALS. This research may potentially lead to treatments to prevent, halt, or reverse ALS.

This research is filling a significant gap in our understanding of the disease. There is no other voluntary national database that has the capacity, or the specialized data, to carry out these types of investigations. This research could be the turning point for this disease.

The ALS Registry gives scientists the opportunity to look at the big picture to better indenstand what might be causing ALS. This knowledge could be the key we need."



The Registry identifies significant areas that need investigation. Then, the Registry funds crucial, ground-breaking research in these areas. The Registry funds and collaborates with some of the world's leading research institutions. Since 2010, ATSDR has funded 13 Registry research studies in the U.S. and abroad and will continue to fund more studies. Researchers from all around the world are able to share their findings. This kind of collaboration is new and the key for success



Examples of the research include:

The University of Pittsburgh is examining known occupational

and environmental pollution exposures in persons living with ALS pesticides, algae blooms in takes, and chemicals from factories) may be a risk factor for ALS.

Genetic & Medical

The University of Miami is looking at the relationship between

Stanford University is researching if medical conditions (such as high cholesterol, diabetes, autoimmune diseases, or certain drugs) can affect a person's risk of getting ALS.

*Nebets understanding of personal and environmental risk betters for KE used hard to understanding of the higgers as well in Sentements. With the supplyory AES patients when here saladder, focused information that may help us better understand risk factors. We can have no unique findings with other researchers presist the world. Shallow for any the saladder of the

Looking to the Future.

ALS research has changed dramatically over the last seven years. More researchers are studying the disease today, and technology continues to improve. The Registry plays a major role to support combined efforts. It works with researchers from many top institutions, and through the Registry we are able to share key findings that will benefit other research projects.

For more information on ALS Registry funded research, you can go to: cdc.gov/als







Who can

Anyone with ALS

sign-up?

The National ALS Registry:

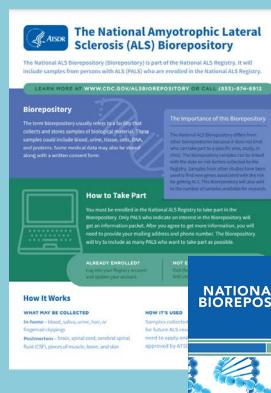
The Facts

The National Amyotrophic Lateral Science (NLS) Registry snakles persons with ALS to registrate and help defeat ALS (Los Cebring's Disease). By signing up, being counted registrated and help defeat ALS (Los Cebring's Disease), By signing up, being counted registrated help defeat ALS (Los Cebring's Disease), By signing up, being counted and another processor of the processor of cetters operations.

and answering brief questions about your disease, you can help researchers find account to critical questions.

Learn more at www.cdc.gov/als or (800) 232-4636









A COMPONENT OF THE NATIONAL ALS REGISTRY





















ALS ASSOCIATION







Answering risk factor surveys is a meaningful way to share your story





I had back surgery and never fully recovered. Instead of getting stronger, I started getting weaker.

When I was growing up, I spent summers on my grandma and grandpa's farm. My grandpa would take me fishing on a lake nearby that used to get full of algae.

Parkinson's seems to run in my family and a cousin has Multiple Sclerosis – I wonder if that means anything.



The ALS Association Strategic Priorities



Ensure Access & Prevention

Ensure people with ALS have access to effective treatments, and cases of ALS are being prevented



Empower & Engage

Empower people with ALS to engage with the world in the way they want



Reduce Burdens

Reduce the physical, emotional, and financial burdens of living with ALS



Ensure Support for ALL

Ensure ALL people with ALS and their caregivers recieve high quality services that benefit them



Create Accountability

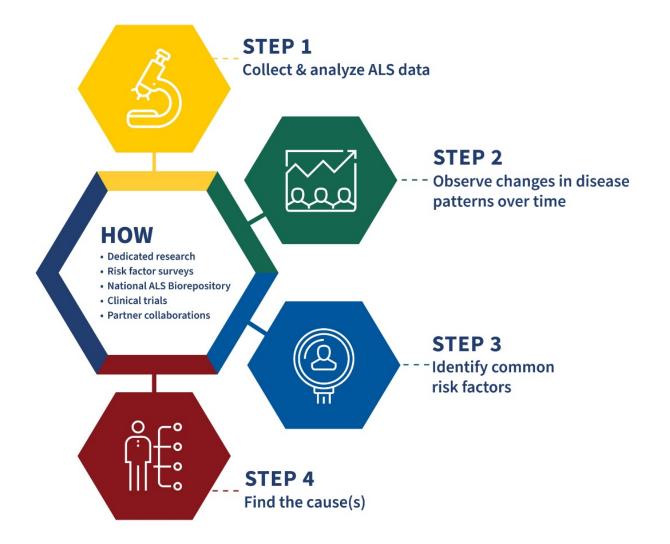
Create a culture of accountability to ensure meaningful impacts for people with ALS

OUR MANTRA:

Whatever It Takes

National ALS Registry - A Pathway for Greater Knowledge

Today's Research → **Tomorrow's Answers**





Reasons to Consider Joining the Registry





By completing the risk factor surveys people living with ALS can help direct researchers towards a treatment and a cure.



Patients can share their thoughts about what factors they think may have contributed to their disease in the Registry. One of the risk factor surveys is an open comment box.

The Registry is the only national ALS research project.
Anyone with an ALS diagnosis can participate from the comfort of their home.



There is a biorespository connected to the Registry. When researchers use it for research the samples are connected to the risk factors data.



Components of the Registry



National ALS Registry

1. Risk Factor Surveys

Up to 18 surveys in 5 main subjects.
Understanding the risk factors of ALS will drive research towards better treatments, a cure, and even prevention.

2. Biorepository

Currently collecting blood samples. Must enroll in Registry to participate. (Previously collected nail clippings, hair strands, saliva swabs, and post-mortem brain and spinal cord.)

3. Clinical Trial Notification

Patients may opt in to receive notifications about clinical trials for which they may qualify. Personal data is not shared with researchers. Upon receiving the email patients must reach out.

4. Environmental Research

Air pollution
Organic pollutants
Pesticides and algae
blooms
Gene-environment
interactions
Biomarkers
Environmental risks
Comorbidities

RISK FACTOR SURVEYS



- Demographics and family history
- Disease onset
- Smoking, alcohol, and caffeine use
- Where you lived and worked
- Job history
- Military service
- Physical activity
- Hobbies
- Environmental exposures
- Pesticide use
- Head and neck injuries





RISK FACTOR SURVEYS





Open-ended question

what are we not asking

what are we not asking

what are we missing?

What should we be looking at?



BIOREPOSITORY





- Requires enrollment in the Registry
- Step #1 Request a packet of information
- Step #2 Complete informed consent
- Step #3 Schedule in-home blood collection by a licensed phlebotomist
- About post-mortem
 - https://cdmrp.army.mil/alsrp/resources/Bioreposit ories_Postmortemtissues

NATIONAL ALS BIOREPOSITORY





FEDERAL RESEARCH











- Federal Research on ALS
 - NIH
 - DoD
 - CDC
- The CDC is the only federal agency to focus on etiology and risk factors
- To date, the Registry has funded 21 research projects
- More than half of the CDC's Registry budget is allocated for research activities
- The ALS Association regularly include funding for the CDC and the Registry in their appropriations requests as part of their advocacy efforts



PASSWORDS & PRIVACY





- Only the last 5 digits of social security number required to enroll
- Choose when or if to change password:
 - o Six months
 - Annually
 - o Never
- Opt "in" for clinical trial alerts and newsletter



ALS

REMINDERS:



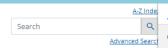
- To enroll in the Registry, you must have a diagnosis of ALS. People living with PLS or other related, non-ALS diseases are not eligible to enroll at this time.
- If you need assistance enrolling, it is okay to have a friend, family member, or caregiver help you.
- Sometimes people ask if a family member can enter information for a loved one who has passed away from ALS.



Spanish version

www.cdc.gov/ela





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National Amyotrophic Lateral Sclerosis (ALS) Registry

↑ ALS Registry Home

Patients and Caregivers +

Researchers and Clinicians +

Partners

General Public

ALS Registry Home

Continuing Education

Feedback and Help

Order Registry Materials

Need Help?

PARTICIPE EN EL REGISTRO

Únase al registro



Acerca del registro

El Registro Nacional de Esclerosis Lateral Amiotrófica (ELA) les permite a las personas que tienen esta enfermedad, conocida también como enfermedad de Lou Gehrig, luchar contra ella y ayudar a vencerla. Al inscribirse, ser contado y responder preguntas breves sobre usted y su enfermedad, puede ayudar a los investigadores a encontrar respuestas a preguntas importantes.

El Registro Nacional de ELA es un programa que recolecta y analiza datos sobre personas que tienen ELA.

- Incluye información proveniente de bases de datos nacionales existentes e información provista por personas con ELA que decidieron participar.
- Los investigadores pueden usar los datos del registro para analizar si hay cambios en los patrones de la enfermedad a lo largo del tiempo. También pueden tratar de determinar si hay factores de riesgo comunes entre las personas con

Al participar en el registro y completar las encuestas sobre los factores de riesgo, las personas con ELA contribuirán a que se tenga una mejor idea de quiénes presentan esta enfermedad y los factores de riesgo asociados a ella.

Hay muchas incógnitas sobre la ELA. Las personas que tienen ELA pueden ayudar a las generaciones futuras.

El Registro Nacional de Esclerosis Lateral Amiotrófica (ELA) permite que las personas que tienen esta enfermedad luchen y contribuyan para vencerla, y ayuden a generaciones futuras.

La investigación de hoy puede llevar a una mejor comprensión y posibles tratamientos del mañana. Las personas que tienen esta enfermedad pueden ayudar a encontrar respuestas al inscribirse en el Registro Nacional de ELA, ser contadas y completar breves encuestas de factores de riesos.

El Registro Nacional de ELA

Debido a que hay tanto que no sabemos, la investigación dedicada a esta enfermedad es una prioridad. El Registro Nacional de ELA abre un camino hacia más conocimientos.

Acerca del registro

La Agencia para Sustancias Tóxicas y el Registro de Enfermedades (ATSDR), que es una agencia federal, estableció el Registro Nacional de ELA en el 2010 para recolectar y analizar datos sobre personas que tienen esta enfermedad en los Estados Unidos

Su propósito es reunir datos para comprender mejor la esclerosis lateral amiotrófica. La información se utiliza para los siguientes fines:

- estimar cuántos casos nuevos de ELA se diagnostican cada año;
- estimar cuántas personas tienen ELA;
- entender mejor quiénes contraen ELA
- entender mejor qué factores afectan la enfermedad;
- mejorar la investigación para encontrar la o las causas de la ELA.

El registro recolecta y analiza tanto los datos existentes como los nuevos que son provistos por las personas que tienen ELA y deciden participar.

Los investigadores usan los datos para buscar cambios en los patrones de la enfermedad a lo largo del tiempo. Tratan de determinar si hay factores de riesgo comunes y de identificarlos. Es importante incluir a la mayor cantidad posible de personas a fin de obtener la información más precisa. Si elige ser contado, usted puede ayudar a encontrar respuestas a importantes preguntas sobre la ELA.

El Registro Nacional de ELA también financia la investigación para aumentar los esfuerzos por aprender sobre esta enfermedad. Desde el 2010, el registro ha financiado más de una docena de estudios en los Estados Unidos y a nivel internacional. El registro trabaja con algunas de las instituciones que lideran las investigaciones a nivel mundial, para estudiar qué podría causar la ELA, como metales pesados, pesticidas, ciertos rasgos genéticos, y cianobacterias.

n que usted puede luchar y no rsonas con ELA tengan un mejor puede cumplir un rol en el avance



ermitir que surjan más oportunidades para ayudar. Usted stados Unidos para inscribirse en el Registro Nacional de ELA.

seguro de si está inscrito? Hay personas que lo pueden ayudar. Le ibro de su familia, cuidador, amigo, o alguna persona que pertenezca icina o centro médico dedicados a la ELA. O puede comunicarse con 30-232-4636, o escribiendo a als@cdc.gov.

ndo las encuestas de factores de riesgo

rsonas con ELA la oportunidad de completar encuestas sobre factores diferentes, y en ellas se preguntan cosas como su edad, antecedentes neurológicas, posibles exposiciones ambientales, antecedentes de trabajo, no portunidad para que comparta su historia.

encuesta le llevará alrededor de 5 minutos, y usted no necesita la vez.

y privados brindan información crucial para el registro. A medida que más mpleten estas encuestas, más datos tendrá el registro. Cada dato ayuda a comprender mejor la enfermedad y sus posibles causas.

Los investigadores de todo el mundo pueden usar estos datos para realizar estudios.



Ayude al donar muestras al Banco Nacional de Muestras Biológicas de ELA

Con su consentimiento, usted puede también optar por donar muestras al Banco Nacional de Muestras Biológicas de ELA. Este centro colecta y almacena estas muestras para estudios científicos. La recolección de las muestras, que incluyen sangre y orina, se realiza en su propia casa. Este servicio es gratuito para los pacientes.

Donar estas muestras puede proveerles a los científicos datos clave de ADN y de exposiciones a sustancias quimicas, y la muestra puede corresponderse con datos de la encuesta para darles a los investigadores un panorama más completo para estudiar. Ya se ha comprobado que los análisis de estos tipos de especimenes son útiles para el estudio de la ELA y de otras enfermedades.



Sepa más sobre los ensayos clínicos y los estudios de investigación, y si puede participar Usted puede elegir que le envien mensajes electrònicos para informarle sobre ensayos clínicos y estudios epidemiológicos que podrían interesarle.

Participe en algo de mayor dimensión.

Usted puede formar parte de algo de mayor dimensión al inscribirse en el Registro Nacional de ELA. Obtenga más información en



Health and Human Services Centers for Disease Control and Prevention Agency for Toxic Substances and Disease Registry

TA: El sitio web no contiene toda la información en español. Usted puede encontrar información adicional en inglés en c<u>dc.gov/elc</u>

Enrolling in the Registry



Step 1: Explore & Sign Up cdc.gov/als

- Voluntary
- Have an internet connection on a laptop or device
- Go to the Registry website
- Answer the screening questions
- Complete informed consent
- Create a user ID and password







Enrolling in the Registry



Step 1: Explore & Sign Up cdc.gov/als

- Voluntary
- Read materials and review website information.
- Screening Questions
- Informed Consent
- Create a user ID and password



Step 2: Participate

- Ask a tech-savvy family member as project manager
- Tell your story!
- 18 surveys; 5 topics (RISK FACTOR SURVEYS)
- Consider the BIOREPOSITORY & opting in to receive CLINICAL TRIAL ALERTS







CDC Contact Information for Assistance

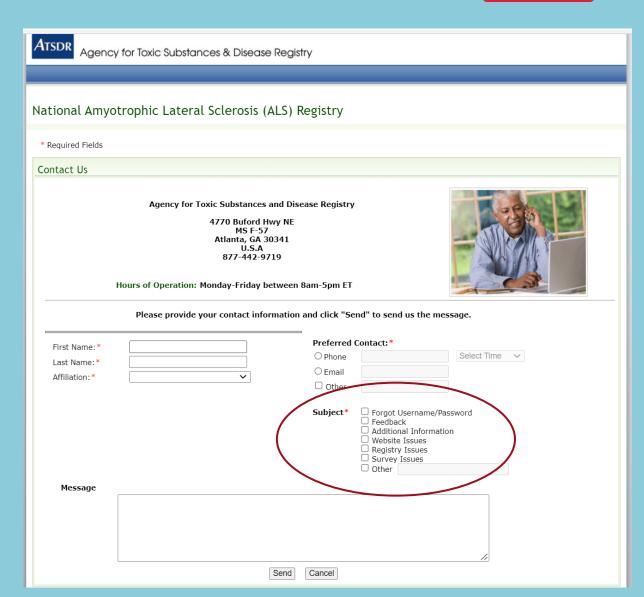




If a person living with ALS or caregiver needs to contact the Registry for confirmation of enrollment or technical assistance, please contact:

CDC National ALS Registry
Hours of Operation Monday–Friday 8 AM–5 PM EST

- ❖ Phone 877-442-9719
- Email <u>Als@cdc.gov</u>
- Web form https://wwwn.cdc.gov/ALS/ContactUS.aspx



CDC Website

www.cdc.gov/als

Link to Spanish version



Search

National Amyotrophic Lateral Sclerosis (ALS) Registry





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ASSOCIATION

Español

Information for ALS Researchers

2022 National ALS Registry Annual Research Symposium and Meeting

Register in advance for this webinar. After registering, you will receive a confirmation email containing information about joining the webinar.

National ALS Registry Annual Meeting Registration ☑



Sign up



Join the National ALS Registry

ALS research counts on you! Be counted and join the fight against



Log in to your Dashboard Tell your story and take the risk factor surveys and help researchers learn more about ALS.



ALS Registry Dashboard View the latest information on ALS statistics in the U.S. and how the Registry is advancing research.

ALS Clinical Trials & Studies



View the clinical trials and studies the Registry has helped to recruit for and how you can be notified.



Donate your blood and saliva at no cost to you and help ALS researchers learn more about this disease.



Learn how the Registry advances ALS research by funding grants.

Log in to complete surveys

Publications & Reports



Read the latest publications by the Registry and its partners.



Sign up to receive newsletters from the Registry.



Information about Registry partners and organizations.

Show Me the Data!



New Report COMING SOON!



National ALS Registry Dashboard

Estimated living persons/cases (≥18 years) with ALS in the United States in 2017 (Prevalence¹)*



Year	2017
Characteristic	Estimated No. cases
Total	17,800 (lower-bound) to 31,843 (upper-bound)
Gender*	
Male	11,034 (62.0)
Female	6,750 (37.9)
Unknown	16 (0.1)
Race*	
White	12,929 (72.6)
Black	1,131 (6.4)
Other	973 (5.5)
Unknown	2,767 (15.5)

Read the Full Report

The National ALS Registry – By the Numbers



U.S. Prevalence (CY2017) 5.5 - 9.9 persons per 100.000 U.S. population



U.S. Incidence (CY2016) 1.5 persons per 100,000 U.S. population



U.S. Mortality (CY2011-2014)

1.7 persons per 100,000 U.S. population



Completed Risk Factor Surveys by PALS 101,853 surveys



Published Journal Articles 94 publications



Research Studies Funded (Grants and Research Contracts) 21 studies







Year	2014	2015	2016
Characteristic	Estimated No. (%) cases	Estimated No. (%) cases	Estimated No. (%) cases
Total	5,695	6,045	4,861
Gender			
Male	3,088 (54.2)	3,174 (52.5)	3,119 (64.2)
Female	2,178 (38.2)	2,708 (44.8)	1,740 (35.8)
Unknown	429 (7.5)	163 (2.7)	2 (0.0)
Race			
White	4,727 (83.0)	4,962 (82.1)	3,733 (76.8)
Black	333 (5.8)	365 (6.0)	335 (6.9)
Other	254 (4.5)	325 (5.4)	224 (4.6)
Unknown	381 (6.7)	393 (6.5)	569 (11.7)

Read the Full Report



Research Studies Using Registry Biospecimens 22 studies³



Research Studies Using Registry Datasets 5 studies



Biorepository Premortem Participants >1.400



Biorepository + Johns Hopkins Postmortem Autopsies \$180

Research Study Recruitment (Clinical Trials and Epidemiological Studies)



Active Studies Currently Recruiting 24 studies

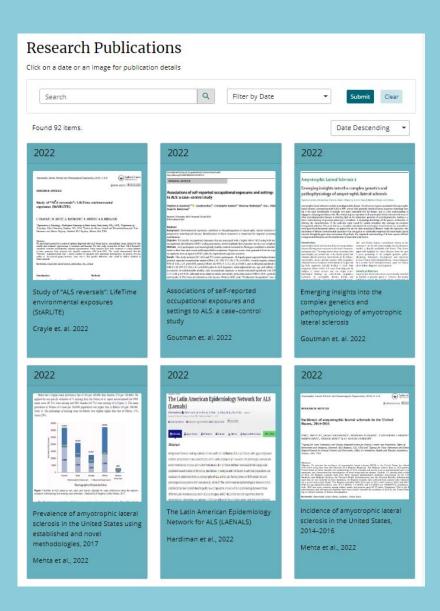


Closed Studies where Recruitment Already Occurred 43 studies



- Cases collected from other databases = 12,477
- Estimate of missing cases = 14,043
- Self-enrolled = 5,323 (Thank you!)
- Total = 31,843



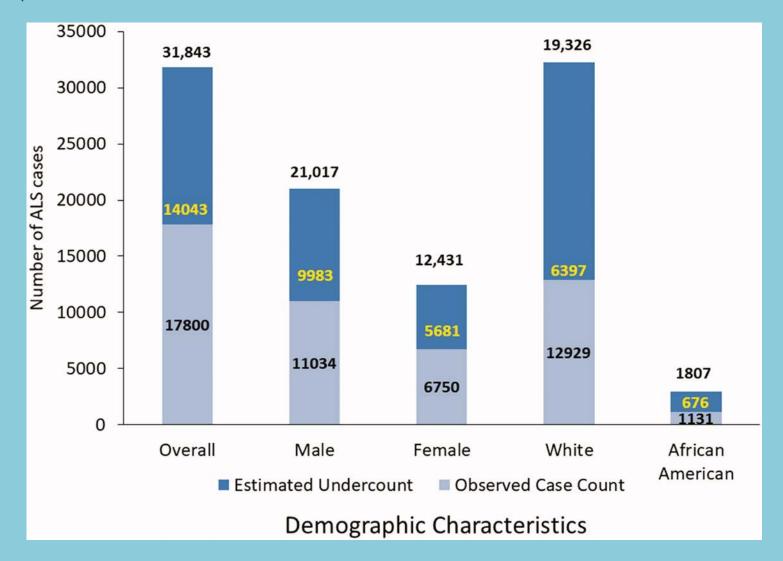


Prevalence of amyotrophic lateral sclerosis in the United States using established and novel methodologies, 2017 Paul Mehta, Jaime Raymond, Reshma Punjani, Moon Han, Theodore Larson, Wendy Kaye, Lorene M. Nelson, Barbara Topol, Oleg Muravov, Corina Genson & D. Kevin Horton https://doi.org/10.1080/21678421.2022.2059380

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Clinical Trial Notifications



ACTIVE – ALS Research Notification for Clinical Trials and Studies

The following are approved ALS studies and clinical trials that have used the National ALS Registry for patient recruitment purposes. Email notifications have already been sent out to PALS meeting the specific study criteria.

Active: currently recruiting for the specified clinical trial or study

To view list of closed (recruiting has ended) clinical trials and studies click here .

To receive automatic notifications about the latest clinical trials and studies, please join the Registry, click here.

This list will be updated as new research proposals are approved by ATSDR.

No	Study Name	Institution	Investigator	Research Notification Date*	Information Link	Status
1	Radicava®/(Edaravone) Findings in Biomarkers From ALS	Mitsubishi Tanabe Pharma	James Berry, MD	New! JUL 2022	Click here	Active
2	Feasibility of the BrainGate2 Neural Interface System in Persons with Tetraplegia	Massachusetts General Hospital	Leigh R. Hochberg, M.D. Ph.D	New! JUN 2022	<u>Email</u>	Active
3	Home-based Remote Digital Monitoring to Assess ALS progression	Emory University	Jonathan Glass, MD	New! JUN 2022	Click here 辽	Active
4	Healey ALS Platform Trial	Massachusetts General Hospital	Merit Cudkowicz, MD	New! MAY 2022	Click here	Active
5	Rasch-built Outcome Measures to Improve ALS Clinical Trials	Emory University	Christina Fournier, MD	New! APR 2022	Click here	Active

6	Efficacy and Safety Study of Oral Edaravone Administered in Subjects With ALS	Mitsubishi Tanabe Pharma Development America, Inc.	Multiple	New! APR 2022	Click here	Active
7	Phase 2a Study of TPN-101 in Patients with C9ORF72 ALS/FTD (Amyotrophic Lateral Sclerosis and/or Frontotemporal Dementia)	Transposon Therapeutics	Merit Cudkowicz, MD	New! MAR 2022	Click here	Active
8	COURAGE-ALS Phase 3 Clinical Trial	Cytokinetics, Inc	Stacy A. Rudnicki, MD	New! FEB 2022	Click here	Active
9	Microbiome in the Progression of ALS	Emory University	Vicki Hertzberg, PhD	New! JAN 2022	<u>Click here</u> 辽	Active
10	Evaluation of IONIS in FUS-ALS Patients	Ionis Pharmaceuticals	Multiple	New! JAN 2022	Click here	Active
11	COVID-19 ALS Registry	Atrium Health	Urvi Desai, MD	DEC 2021	Click here ☑	Active
12	ALS Focus Survey Program	ALS Association	Sarah Parvanta, PhD	DEC 2021	Click here	Active
13	Identify. Analyze, and Evaluate Potential Risk Factors for Amyotrophic Lateral Sclerosis (ALS)	Dartmouth- Hitchcock Medical Center	Elijah Stommel, MD, PhD	OCT 2021	Email Ph:866-894- 8131	Active
14	The E-health Application to Modify Oral Energy intake and Measure Outcomes Remotely in ALS	Massachusetts General Hospital	Anne-Marie Wills, MD	MAY 2021	Click here	Active
15	ALS Quest: An online questionnaire for research into ALS	University of Sydney	Roger Pamphlett, MD, MB	APR 2021	<u>Click here</u> 辽	Active
16	Answer ALS Companion App	Johns Hopkins University SOM	Jeffrey Rothstein, MD, PhD	MAR 2021	Click here [감	Active

ALS Registry Annual Meeting (Aug. 29-30, 2022)



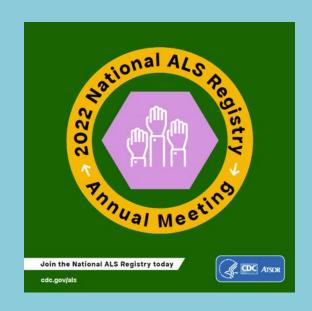
- NEED FOR BIOSAMPLES: In a sample survey of ALS researchers, 71% of respondents anticipate needing biosamples in the next 6-12 months
- CURRENT RESEARCH: Several presentations on studies looking at potential risk factors (overlap of EPA supersites and incidence of neurodegenerative disease)

OPEN COMMENT QUESTION IN SURVEYS:

- Comorbidities (example: autoimmune disease)
- Medications (example: statins)
- Immunizations
- Military-specific exposures
- Exercise and physical labor
- Emotional trauma and stress



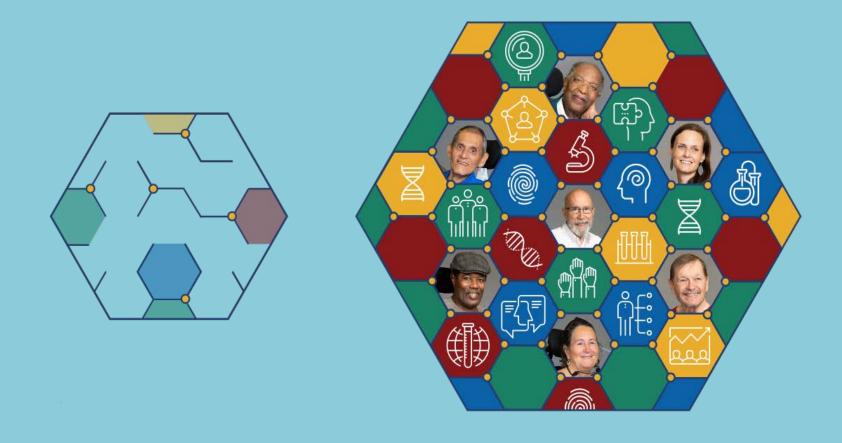
- Minimize the delay of collecting data
- Work on improving diversity in the data collected



More ALS Data Helps Complete the Puzzle of ALS



5 data points vs 5000 data points



More ALS Data Helps Complete the Puzzle of ALS





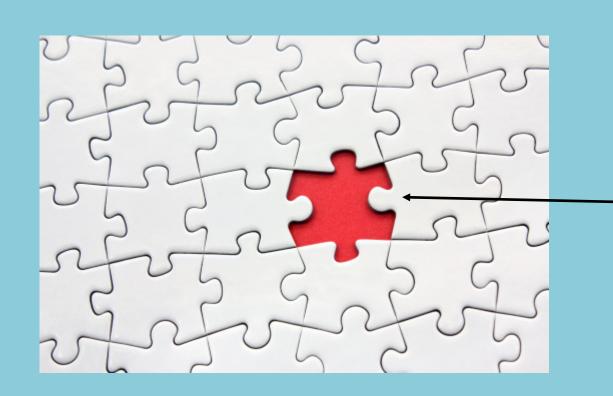
More ALS Data Helps Complete the Puzzle of ALS





More ALS Data Helps Complete the Puzzle of ALS





What is YOUR story?



Hear from ALS patients and why they're joining the National ALS Registry to fight for their future and future generations. Your ALS experience could help change theirs.





The National ALS Registry

Be counted.
Fight back.
Make a
difference.
#ALS
#BeCounted



LEARN MORE





Join the National ALS Registry today!





Questions?



Contact:
Patti Stanco
patricia.stanco@als.org
(202) 464-8045



